

Family Household Daily System

| Time block | Tasks |
|---|---|
| 6:55-9:15 am 2 hrs 20 min, 30 min per task | Wake up and sip coffee (review the day ahead) Feed dogs and eat breakfast Get ready Horse chores Shower momma (optional time) |
| 9:15-11:30 am | Outing (option 1) Snack |
| 11:30 am-3 pm | Lunch Toddler nap (2 hours average) Work Home chores Exercise horses |
| 3-5 pm | Snack Outing (option 2) Pre-make dinner |
| 5-7:30 pm 2.5 hrs, 40 min per task | Horse chores Feed dogs and finish cooking dinner Toddler bath (Tue, Thu, Sun) or Shower momma (optional time) Eat dinner together as a family then clean up |
| 7:30-8:30 pm | Relax Toddler asleep (if nap refusal asleep earlier) |
| Home chores | Prepare dinner Dishes daily Vacuum floors every couple of days Laundry (collect, wash, dry, fold, put away) every few days Mop Sunday once per week minimum |
| Other | Catch up Monday Financials Friday Grocery list and shopping 2x/week Plan weekly dinners Plan weekly activities/outings |

A system that works is a system that you will use!